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**David Lynch Foundation Presents: “Change Begins Within”
Benefit Gala Hosted By David Lynch and Jerry Seinfeld on December 3**

Honoring Hugh Jackman, Deborra-Lee Jackman and FDNY Commissioner Salvatore Cassano

Gala Event Will Raise Funds to Bring Meditation to NYC Veterans and First Responders

New York, NY – November 5, 2013: The David Lynch Foundation, a non-profit charity that brings meditation to at-risk communities, will host its fifth annual “Change Begins Within” benefit gala on December 3, 2013, to celebrate the service of veterans and first responders in New York City. The evening will be co-hosted by Academy Award-nominated filmmaker **David Lynch** and Emmy Award-winning comedian **Jerry Seinfeld**. Honorees will include actor **Hugh Jackman**, actress **Deborra-Lee Jackman** and FDNY Commissioner **Salvatore Cassano**.

WHO: **David Lynch**, award-winning filmmaker and Founder of the David Lynch Foundation
Jerry Seinfeld, Emmy Award-winning comedian
Hugh Jackman, award-winning actor
Deborra-Lee Jackman, actress and director
Salvatore Cassano, Fire Commissioner of the City of New York

WHAT: The David Lynch Foundation’s fifth annual “**Change Begins Within**” benefit gala, celebrating the service of veterans and first responders in New York City. Proceeds from the evening will help provide meditation training to 1,000 veterans and first responders in the city who suffer from post-traumatic stress.

WHEN: December 3, 2013
Press check-in begins at 5:30 PM
Red carpet arrivals begin at 6:30 PM

WHERE: Conrad New York
Grand Ballroom
102 North End Ave
New York, NY 10282

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About The David Lynch Foundation

The David Lynch Foundation, a 501(c)(3) organization, was established in 2005 to fund the implementation of scientifically proven stress-reducing modalities including Transcendental Meditation, for at-risk populations such as underserved inner-city students; veterans with PTSD and their families; women and girls who have been victims of violence, rape, and abuse, American Indians suffering from diabetes and high suicide rates; homeless adults and teens participating in reentry programs; and incarcerated adults and juveniles. For more information, visit www.davidlynchfoundation.org.

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