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Russell Brand Offers Exclusive VIP “Meet-and-Greet Package” to Benefit David Lynch Foundation and Bring Meditation to 1,000,000 At-Risk Youth

Limited Packages Available at Select Stops of Brand’s “Messiah Complex World Tour”

New York, NY – August 22, 2013: Actor and comedian **Russell Brand** will sell a limited number of VIP ticket packages for his 2013 “Messiah Complex World Tour” to benefit the **David Lynch Foundation**, a nonprofit charity that provides meditation instruction at no charge to at-risk communities including inner-city students, homeless adults and teens, abused women and veterans with post-traumatic stress. Each package includes one premium reserved ticket located close to the stage, a meet-and-greet with Brand, a personal photograph autographed by Brand, a copy of David Lynch’s documentary *Meditation, Creativity, Peace* and Lynch’s book, *Catching the Big Fish: Meditation, Consciousness and Creativity*.

“Russell Brand is a great comedian and a great human being. I am very grateful that he is supporting the Foundation’s work to bring Transcendental Meditation to one million at-risk youth around the world,” said David Lynch, filmmaker and founder and chair of the David Lynch Foundation.

“I have become a better person through Transcendental Meditation, and I want to help bring this gift to others,” said Brand, a four-year meditator and supporter of the David Lynch Foundation.

The “Messiah Complex World Tour” examines “the importance of heroes in this age of atheistic disposability.” “**Meet-and-Greet” packages are available for purchase for select stops of the multi-city comedy tour by visiting <http://future-beat.com/artist.cfm?id=143>.**

The David Lynch Foundation (DLF) brings Transcendental Meditation to underserved populations and has provided scholarships for over 300,000 at-risk youth to meditate worldwide. The Foundation has received public support from Hollywood luminaries such as **Oprah Winfrey, Ellen DeGeneres, Jerry Seinfeld, Martin Scorsese, Laura Dern, Cameron Diaz, Naomi Watts and Gwyneth Paltrow**.

The benefits of meditation have been studied and found effective by the **Harvard School of Medicine**, the **National Institutes of Health**, the **U.S. Department of Defense**, the **American Heart Association** and the **American Medical Association**. Meditation has been proven to reduce acute and chronic stress and stress-related disorders, decrease anxiety and depression, help individuals overcome addictions and

simultaneously develop the brain and creative potential of the individual for a healthy, productive and self-sufficient life.

For media inquiries or more information about the David Lynch Foundation, contact Rida Bint Fozi at The TASC Group at 646-723-4344 or rida@thetascgroup.com.

About the David Lynch Foundation

The David Lynch Foundation, a 501(c)(3) organization, was established in 2005 to fund the implementation of scientifically proven stress-reducing modalities including Transcendental Meditation, for at-risk populations such as underserved inner-city students; veterans with PTSD and their families; women and girls who have been victims of violence, rape, and abuse, American Indians suffering from diabetes and high suicide rates; homeless adults and teens participating in reentry programs; and incarcerated adults and juveniles. For more information, visit www.davidlynchfoundation.org.

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